

**Vaccaro's**

**Sports Conditioning Institute**

**Training Registration Form**



At Vaccaro's Sports Conditioning Institute, you will experience the very best in athlete training. The attentiveness, training knowledge and techniques are by far superior to any of the imitators. Our trainers are not only certified, but they are also coaches who love to teach.

Thank you for your interest in our programs and I truly hope you will have a great experience.

Brad Vaccaro – Owner/Director

**TRY A 1 HOUR TRAINING SESSION AND A NUTRITIONAL EVALUATION FOR FREE**

<b>Personal Training</b>	<b>Training with Coach Vaccaro</b>
1 Session: \$ 90	1 Session: \$125
10 Sessions: \$ 800	10 Sessions: \$950
20 Sessions: \$ 1300	20 Sessions: \$1500

**1/2 Hour Training**

10 Session Package:
1 Athlete: \$450
2 Athletes: \$300
3 or more Athletes: \$200

**Small Group Training (up to 5)**

1 Session: \$ 50 Per Athlete
10 Sessions: \$ 450 Per Athlete
20 Sessions: \$ 750 Per Athlete

**Bootcamp**

1 month on auto charge - \$75 (for at least 3 months)
1 month, non auto charge - \$120
10 sessions - \$150

Cancellation Policy: You will be charged for the session if you cancel within 24 hours of the appointment.

There are no refunds on packages once you complete the first session.

Expiration Dates for Packages:

1 Session – 30 Days
10 Sessions – 3 Months
20 Sessions – 6 Months

15-01 Pollitt Dr. Unit 3  
Fair Lawn, NJ 07410

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_  
State/Zip: \_\_\_\_\_  
Phone Number: (     ) \_\_\_\_\_  
Email: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_

Please return this form with payment to: 15-01 Pollitt Dr. Fair Lawn, NJ, 07410

Method of Payment: (Circle)  
Credit Card                  Cash                  Check  
  
Visa    MasterCard                  Amex                  Discover  
  
CVN \_\_\_\_\_

Card Number: \_\_\_\_\_  
Name on Card: \_\_\_\_\_  
Expiration Date: \_\_\_\_\_

If you have any questions please call our office 201-891-4115 or take a look at our websites [www.sports-conditioning.com](http://www.sports-conditioning.com)

I hereby release Vaccaro's Enterprises LLC and its officers from all claims on account of pre-existing medical condition or any injuries sustained at Vaccaro's Sports Conditioning Institute or any other location at which a Vaccaro's Enterprises event, camp or training session is being run. I agree to indemnify Vaccaro's Enterprises LLC and its officials of any claims, which may here after result from such injuries.

I am aware that I am buying "training services" from Vaccaro's Sports Conditioning Institute and not from an individual trainer. I also understand that I cannot be refunded after I finish my 1<sup>st</sup> session and cannot be refunded because of termination of any Vaccaro's Enterprises Employee.

I hereby state that I or my son/daughter is physically fit to participate in the activities run by Vaccaro's Enterprises LLC.

(Parents) Signature \_\_\_\_\_  
(if under 18)  
Date - \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_